

Part a:

The phase of the reflected beam can be found by:

$$\begin{aligned} \left| \frac{E_t}{E_i} \right| e^{-i\Psi} &= \frac{(1-R)(1+Re^{i\delta})}{(1-Re^{-i\delta})(1+Re^{i\delta})} e^{-i\delta/2} \\ &= \frac{(1-R)+R(1-R)e^{i\delta}}{1+R^2-2R\cos\delta} e^{-i\delta/2} = \frac{(1-R)+R(1-R)(\cos\delta+i\sin\delta)}{1+R^2-2R\cos\delta} e^{-i\delta/2} \end{aligned}$$

So

$$\Psi = \frac{\delta}{2} - \arctan \left\{ \frac{R(1-R)\sin\delta}{(1-R)+R(1-R)\cos\delta} \right\} = \frac{\delta}{2} - \arctan \left\{ \frac{R\sin\delta}{1+R\cos\delta} \right\}$$

Part b:

1) Group delay:

$$\tau = \frac{d\Psi}{d\omega} = \frac{d\Psi}{d\delta} \frac{d\delta}{d\omega}$$

$$\text{First, } \frac{d\delta}{d\omega} = \frac{d}{d\omega} \left[\frac{2n(\omega)\omega l}{c} \right] = \frac{2l}{c} \left[n(\omega) + \omega \frac{dn(\omega)}{d\omega} \right] = \frac{2n_g l}{c}$$

and

$$\begin{aligned} \frac{d\Psi}{d\delta} &= \frac{1}{2} - \frac{d}{d\delta} \arctan \left(\frac{R\sin\delta}{1+R\cos\delta} \right) \\ &= \frac{1}{2} - \frac{1}{1 + \left(\frac{R\sin\delta}{1+R\cos\delta} \right)^2} \left[\frac{R\cos\delta}{1+R\cos\delta} + \frac{R^2\sin^2\delta}{(1+R\cos\delta)^2} \right] \\ &= \frac{1}{2} - \frac{R\cos\delta + R^2}{1+R^2+2R\cos\delta} \end{aligned}$$

So group delay is:

$$\tau = \frac{d\Psi}{d\omega} = \frac{2n_g l}{c} \left[\frac{1}{2} - \frac{R\cos\delta + R^2}{1+R^2+2R\cos\delta} \right]$$

2) To find its extreme values, let $d\Psi/d\omega = 0$, which leads to $\sin\delta = 0$, so $\delta = m\pi$, where m is an integer.

When m is even, $\cos\delta = 1$, group delay $\tau = \frac{n_g l}{c} \left(1 - \frac{2R}{1+R} \right) = \frac{n_g l}{c} \frac{1-R}{1+R}$ is the minimum.

When m is odd, $\cos\delta = -1$, group delay is $\tau = \frac{n_g l}{c} \left(1 - \frac{2R}{1+R} \right) = \frac{n_g l}{c} \frac{1+R}{1-R}$ is the maximum.